October

In this edition of Paradise Press you will find details of the last month's events and up coming events for residents

Paradise Pre

New Residents Welcome to our newest Gemlife Residents:

Ian and Carol Paul and Sally Donna and Geoff Geraldine Margo Ivan and Michelle Russell and Michael

Please join us at Happy Hour on Friday or Sunday evenings or any of our events so that we can get to know each other better

Upcoming Events

Oktoberfest

Sunday 15th October

Melbourne Cup

Tuesday 7th November

Underwoods 15th November

Christmas Lunch 7th December

New Year's Eve With Totally Charlie



Don't forget our BBQ on the last Sunday of each month

Gemlife Game

We had teams or individuals in: PICKLEBALL, LAWN BOWLS, TEN-PIN BOWLING, POOL and GOLF SIMULATOR The Gemlife Games was held on the 8th September at Gemlife Maroochy Quays.

Thanks to John 'Emu' Kirkby for coordinating the gathering of our teams to represent us in the events.



We may not have brought home any silverware but we had fun and we looked cool!

GAME ON

nLife

Some of our team and supporters

In 2024, when we have experience on our own Gemlife equipment, we will be able to give the other locations a run for their money!

The style and grace of a

true champion

Sisters of India morning tea

Once again the residents of Pacific Paradise have stepped up to help those less fortunate than ourselves.

We really appreciate the work that Sue and Dawn did to organise this event.

The Sisters of India raise money to help rescued women fund their own businesses and become self sufficient





The hand made table arrangements were amazing

The display of some of the Sisters of India items that were for sale



DASFFODIL DANY UPDANIEL



Pictured is Wendy and Gail handing over a cheque to the Cancer Council of Queensland to the value of \$2,420. Well done to the whole team that put on the Definition event and to everyone that attended and contributed.



Navigating cancer together.

Anyone can call our 13 11 20 Information and Support line to talk about anything to do with cancer.

In 2022, donations to the Cancer Council made an impact:

- 1,700 hours of free counselling were provided to those affected by cancer.
- 3,537 guests stayed at our free accommodation during treatment.
- 2,200 wigs and turbans were provided and fitted for those experiencing hair loss.
- 181,000 km of transport services including lifts to and from treatment were provided.
- 395 marquees were gifted to protect Queensland children from harmful UV rays.
- \$8.52 million in cancer research funding was raised.

Having fun at Happy Hour – come and join us



Brand new residents, Ian and Carol got to draw out the lucky Villa number and drew out their own villa! Unfortunately, Carol wasn't able to find the Joker. Only people present on Friday night are eligible to try and find the Joker. So the jackpot amount continues to build until the Joker is discovered.

We know that not everyone is able to come to each event for various reasons, but if you can come, these events are a great way of meeting people.



There will be German food, music, beer and Strudel for desert. The cost will be \$20 per person for the meal. You will need to get in early to book your limited tickets. An email will follow with specific details.



On Father's Day 3rd September, the Spud Man served up great meals for all

46 residents enjoyed a Fathers Day get together at the Pavilion whilst enjoying Kev's delicious 'spuds'.



Neil Underwood, the owner of Underwood Jewellers in the Plaza, is coming to give a talk about YOUR jewellery on WEDNESDAY 15th NOVEMBER

He will touch on subjects like your jewellery's true value, the importance of insurance and how to keep your jewellery looking it's best.

If you want Neil to view and appraise a piece for you take a photo in bright light and send it to Jude (judehall1@hotmail.com) and she will send them all on to Neil.

Featured Special Interest Group

The Gemlife Pacific Paradise Cycling Group

Is it a cycling group that visits coffee shops or a coffee group that goes cycling? I put out feelers in early 2022 and had immediate responses and it's been quite a consistent group ever since. We meet at the front gate on Tuesday and Thursday mornings at 7am (7.30 in winter) and together we decide on a destination ie, a coffee shop and off we go. There are lots of options for us so we've explored some beautiful parts of our Sunny Coast. In the interest of safety, we mostly ride on footpaths, with occasional diversions to very quiet roads. While some stalwart riders brave most weather conditions, others choose to remain in bed when the weather is inclement!

When I started the cycling group, I used only pedal power. Now? I'm enjoying the power of an electric bike, as are several other cyclists.

Any residents are welcome to join the cycling group and begin seeing our locality from a different perspective.

My email address is <u>ilhg1313@gmail.com</u> if you have any queries.

John Green Villa 88

Positions Vacant

There are opportunities available for new volunteers for the following: BBQ co-ordinator, bar staff, can/bottle collectors, etc.

Please contact the HOC if you want to be involved.





They call us "The Elderly"

We were born in the 40-50-60's. We grew up in the 50-60-70's. We studied in the 60-70-80's. We were dating in the 70-80-90's.

We got married and discovered the world in the 70-80-90's.

We venture into the 80-90's.

We stabilize in the 2000's.

We got wiser in the 2010's.

And we are going firmly through and beyond 2020.

Turns out we've lived through EIGHT different decades...

TWO different centuries...

TWO different millennia...

We have gone from the telephone with an operator for long-distance calls to video calls to anywhere in the world.

We have gone from slides to YouTube, from vinyl records to online music, from handwritten letters to email and What's App.

From live matches on the radio, to black and white TV, colour TV and then to 3D HD TV. We went to the Video store and now we watch Netflix.

We got to know the first computers, punch cards, floppy disks and now we have gigabytes and megabytes on our smart phones.

We wore shorts throughout our childhood and then long trousers, flares, safari suits and blue jeans.

We've seen men travelling on horse and men travelling to the moon.

We have seen times of multiple wars and times of relative peace.

We dodged infantile paralysis, meningitis, polio, tuberculosis, swine flu and now COVID-19. We rode skates, tricycles, bicycles, mopeds, petrol or diesel cars and now we drive hybrids or electric.

Yes, we've been through a lot but what a great life we've had!

They could describe us as "exennials"; people who were born in that world of the fifties, who had an analogue childhood and a digital adulthood.

We've kind of a "Seen-It-All" generation!

Our generation has literally lived through and witnessed more than any other in every dimension of life.

It is our generation that has literally adapted to "CHANGE".

A big round of applause to all us members of a very special generation - which will be forever UNIQUE!





I was mugged by a thief last night on my way home.

Pointing a knife at me ... He asked me "your money or your life!"

I told him I am Married... so I have no money and no life...

We hugged and cried together.

It was a beautiful moment...



Just for Laughs

Communications

There are many ways that you can find out what exciting community activities are happening at Gemlife Pacific Paradise We have:

Social events emails from Lynn Roper

Our residents website which can be accessed at : glpp.com.au

Our <u>Facebook</u> group can be accessed at :

GemLife Pacific Paradise Residents

(Please register with Tanneke Booth to join the group)

HOC Updates will be sent out by the HOC Secretary: Mary Earnshaw

Social Committee:

Sue Story – Villa 23 Convenor, Events Lynn Roper – Villa 40 Communications Greg and Lorei Blunden – Villa 38 Newsletter Glenda Larsen – Villa 31 Events, BBQs and Raffles, etc Dee Beath – Villa 24 Bingo Jude Hall – Villa 15 Wendy Potter – Villa 42 Events